

Curriculum Vitae

Name	Shaimaa Elkholy	
Country	Egypt	
Organization	Cairo University Faculty of Medicine	
Current Position	Associate Professor of Gastroenterology and Internal Medicine	

Educational Background

- **Specialty Certificate Examination in Gastroenterology 2017**
Special certificate of gastroenterology from the Royal College of Physicians, United Kingdom.
- **MRCP (Member Ship Of The Royal College Of Physicians) 2016**
Passed the first and second parts of MRCP at January and June 2016 respectively, United Kingdom
- **Medical Doctorate Degree 2011-2015**
M.D. of internal medicine with subspecialty exam in hepatology and gastroenterology, Faculty of Medicine, Cairo University. My MD thesis entitled: study of early post living donor liver transplant infections and its impact on the outcome of liver transplantation.
- **Master's Degree: 2008-2011**
Internal Medicine, Faculty of Medicine, Cairo University. My Master thesis entitled "study of nutritional status of patients with liver cirrhosis in relation to the complications"
- **Bachelor's Degree: 1999 – 2005**
Faculty of Medicine, Cairo University. Grade: Excellent with honor, Year of graduation: 2005

Professional Experiences

- **Associate Professor of Gastroenterology and Internal Medicine**, Internal Medicine Department, Faculty of Medicine, Cairo University (Kasr Al-Ainy Hospital), Cairo, Egypt.
- **Chair of Endoscopy Education Special Interest Group (SIG)**, American Society for Gastrointestinal Endoscopy (ASGE).
- **Vice chair of 3SE Foundation** (3rd space endoscopy & Endoscopic resection).
- **Treasurer and Board Member**, AAFG (African Association for Gastroenterology).

- Consultant of gastroenterology & advanced endoscopy, As-Salam International Hospital, Maadi and Qatamia, Cairo, Egypt.
- Director of the advanced endoscopy unit, Millennium hospital, Giza, Egypt.
- Consultant of third space endoscopy, Dar Al- Fouad Hospital, 6th of October city, Egypt.
- Consultant of third space endoscopy, Saudi-German hospital, Cairo, Egypt.
- Consultant of third space endoscopy, Andalusia Hospitals, Alexandria and Cairo, Egypt.
- Consultant of third space endoscopy, Al-Nas Hospital, Cairo, Egypt.
- Consultant of advanced endoscopy, Alfa Scope, Cairo, Egypt

Research Field or Main Scientific Publications

ESD — Endoscopic Submucosal Dissection

- 1) Risk-based pathology reporting after endoscopic submucosal dissection for early gastrointestinal cancer: international consensus standards. Gut. 2026. doi:10.1136/gutjnl-2025-337567.
- 2) Clinical Outcomes of Endoscopic Submucosal Dissection for Non-Ampullary Duodenal Lesions: An Egyptian Real-World Experience. 2nd JGES International Congress. September 2026; O24-1.
- 3) Clinical Outcomes of Endoscopic Submucosal Dissection in Egyptian Cohort: A Multicenter Study. 2nd JGES International Congress. September 2026; O07-1.
- 4) Clinical Outcomes of Endoscopic Submucosal Dissection Using Saline Immersion Therapeutic Endoscopy: A Prospective Single-Center Study. 2nd JGES International Congress. September 2026; S1-07.
- 5) Rates of Cancer, Non-curative Resection, Adverse Event and Surgery After Colonic Endoscopic Submucosal Dissection (ESD)—Results from a Large International Multicenter Study. Digestive Diseases and Sciences. 2026. doi:10.1007/s10620-025-09621-8.
- 6) Effect of Prophylactic Colon ESD Defect Closure on Post-ESD Outcomes: An International Multi-center Retrospective Study. Digestive Diseases and Sciences. 2026. doi:10.1007/s10620-025-09518-6.
- 7) Local Recurrence After Endoscopic Submucosal Dissection of Colorectal Neoplasms: A Large International Western Multicenter Study. Gastrointestinal Endoscopy. May 2026;103(5 Suppl):S185–S186.
- 8) Endoscopic Submucosal Dissection of Synchronous Gastrointestinal Lesions: Outcomes From a Multicenter Experience Across High-Volume Centers. Gastrointestinal Endoscopy. May 2026;103(5 Suppl):S2354.
- 9) Clinical Outcomes of Endoscopic Submucosal Dissection in the Middle East and Africa: A Real-World Experience. Gastrointestinal Endoscopy. May 2026;103(5 Suppl):S2353–S2354.
- 10) Comparison of Clinical Outcomes After Endoscopic Submucosal Dissection in the Colon Versus Rectum: A Large International Western Multicenter Study. Gastrointestinal Endoscopy. May 2026;103(5 Suppl):S182–S183.

POEM — Peroral Endoscopic Myotomy

- 31) Clinical Outcomes of Per-oral Endoscopic Myotomy in Patients With Triple A Syndrome: A

Multicenter Retrospective Study. 2nd JGES International Congress. September 2026; O12-4.

32) Clinical Outcomes of Peroral Endoscopic Myotomy in Children Aged 14 Years and Younger: Evidence From a Multicenter Cohort Study. *Gastrointestinal Endoscopy*. May 2026;103(5 Suppl):S450–S451.

33) PreciseSect Mode Versus Forced Coagulation for Dissection and Myotomy in Patients Undergoing Peroral Endoscopic Myotomy (POEM): Preliminary Results of a Randomized Controlled Trial. *Gastrointestinal Endoscopy*. May 2026;103(5 Suppl):S2351.

34) Adventitial Plane Injection With Targeted Intermuscular Injection as a Novel Approach to Enhance Safety and Precision During Peroral Endoscopic Myotomy: A Prospective Controlled Study. *Gastroenterology*. May 2026;170(6):S672–S673. doi:10.1016/S0016-5085(26)01889-5.

35) Fluoroscopic Guidance in Detecting Gastroesophageal Junction (GEJ) During Per Oral Endoscopic Myotomy (POEM) in Achalasia Patients: A Randomized Controlled Trial. *Gastrointestinal Endoscopy*. 2024. doi:10.1016/j.gie.2024.04.2197.

G-POEM — Gastric Peroral Endoscopic Myotomy

42) Safety and Efficacy of Double Pyloromyotomy in Gastric Peroral Endoscopic Myotomy for Refractory Gastroparesis: A Prospective Study. 2nd JGES International Congress. September 2026; O12-7.

43) Double Pyloromyotomy in G-POEM (Gastric Per Oral Endoscopic Myotomy) in Treating Refractory Gastroparesis. *DDW*. 2024.

STER / FTRD / EFTR / PREM

54) Expanding Endoscopic Resection in the Rectum: Knife-Assisted Resection (KAR) and Submucosal Tunneling Endoscopic Resection (STER) for Subepithelial Tumors Beyond Neuroendocrine Tumors, a Multicenter Retrospective Cohort Study. *Gastrointestinal Endoscopy*. May 2026;103(5 Suppl):S242.

55) Per-Rectal Endoscopic Myotomy (PREM) for Congenital or Acquired Megacolon: A Multicenter International Study Demonstrating Safety, Reproducibility and Durable Clinical Outcomes. *Gastrointestinal Endoscopy*. May 2026;103(5 Suppl):S443–S444.

56) Rectal Endoscopic Knife-Assisted Full-Thickness Resection: Feasibility and Safety Results From an International Multicenter Cohort. *Gastrointestinal Endoscopy*. May 2026;103(5 Suppl):S186.

57) Endoscopic Resection of an Extraluminal Esophageal Duplication Cyst. *Endoscopy*. 2025;57(Suppl 1):E770–E771. doi:10.1055/a-2638-6080.

58) Feasibility of Gastric STER (Submucosal Tunneling Endoscopic Resection) for Resecting a Large GIST (Gastrointestinal Stromal Tumor). *Gastroenterology*. May 2025;169(1 Suppl):S1921.

59) Clinical Outcomes of Full Thickness Resection Device (FTRD) in Gastrointestinal Lesions: A Multi-Center International Study. *Gastrointestinal Endoscopy*. May 2025;101(5 Suppl):S603–S604.

60) Endoscopic Full Thickness Resection of a Gastric GIST and Closing the Defect With Purse String Suture. *Gastroenterology*. May 2023. doi:10.1016/S0016-5085(23)04592-4.
